



Welcome to **E**quus **C**oaching
Intake Form

I am excited to be embarking on this journey with you and look forward to getting to know you better during our session(s). Please complete the following basic information forms, which will provide me with some background information to support our coaching relationship.

Any and all information given to your coach will be kept confidential and will not be shared with anyone unless you provide written consent to release information or records.

Name	
Address	
City/State/Zip	
Country	
Phone number(s)	
Email Address	
Employer and Position	
Spouse/Significant Other	
Children/Ages	
Emergency contact	
Previous experiences with coaching? If yes, briefly	



Joy Fun Live

describe when/why/outcome	
Previous experiences with therapy or psychological treatment/recovery? If yes, briefly describe when/why/outcome	
Previous experiences with horses? Good/bad...owned or ridden...Any fears about working with horses?	
Name three things you are currently enjoying in your life or your work/school?	
Name three things you would consider a challenge or struggle in your life/school/work right now	
What are the most important things your coach should know about you right now?	



Other comments:	